



## TRAINING NOTES ISSUE 1 2009

Hi and welcome to training notes.

I shall endeavour to bring you all the latest updates and course details every month in this format so everyone should be able to read and benefit from it.

Firstly Happy New Year

On a separate pdf is details of overplay injuries plus the new Long Term Player Development release from The FA.

Remember that we ALL responsible for both the development and the safety of all our players.

## TRAINING COURSES FROM SURREY FA

### [1st4Sport Level 1 Certificate in Coaching Football](#)

Dates & Venues

#### **Winston Churchill School, Woking**

**REF L1090110**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Saturday 10th January 9.30am-5.30pm  
SGC Wednesday 14th January 7.00pm-10.00pm  
Practical 2 Saturday 17th January 9.30am-5.30pm  
EA Monday 19th January 7.00pm-10.00pm  
Final Assessment Saturday 24th January 9.30am-5.30pm

#### **University Of Surrey, Guildford**

**REF L1090118**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 18th January 9.30am-5.30pm  
SGC Wednesday 21st January 7.00pm-10.00pm  
Practical 2 Sunday 25th January 9.30am-5.30pm  
EA Wednesday 28th January 7.00pm-10.00pm  
Final Assessment Sunday 1st February 9.30am-5.30pm

#### **NESCOT, Ewell**

**REF L1090201**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Saturday 7th February 9.30am-5.30pm  
EA Wednesday 11th February 7.00pm-10.00pm  
Practical 2 Saturday 14th February 9.30am-5.30pm  
SGC Thursday 19th February 7.00pm-10.00pm  
Final Assessment Saturday 21st February 9.30am-5.30pm

#### **Kingston Grammar Playing Fields, Thames Ditton**

**REF L1090215**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 15th February 9.30am-5.30pm  
EA Monday 16th February 7.00pm-10.00pm  
Practical 2 Sunday 22nd February 9.30am-5.30pm  
SGC Monday 23rd February 7.00pm-10.00pm  
Final Assessment Sunday 1st March 9.30am-5.30pm

#### **Croygas Sports Club, Wallington**

**REF L1090216**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Monday 16th February 9.30am-5.30pm  
Practical 2 Tuesday 17th February 9.30am-5.30pm  
SGC Wednesday 18th February 10.00am-1.00pm  
EA Wednesday 18th February 2.00pm-5.00pm  
Final Assessment Friday 20th February 9.30am-5.30pm

**South Park Sports Association, Reigate**

**REF L1090307**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Saturday 7th March 9.30am-5.30pm  
SGC Tuesday 10th March 7.00pm-10.00pm  
Practical 2 Saturday 14th March 9.30am-5.30pm  
EA Monday 16th March 7.00pm-10.00pm  
Final Assessment Saturday 21st March 9.30am-5.30pm

**Charterhouse School, Godalming**

**REF L1090315**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 15th March 9.30am-5.30pm  
SGC Thursday 19th March 7.00pm-10.00pm  
Practical 2 Sunday 22nd March 9.30am-5.30pm  
EA Wednesday 25th March 7.00pm-10.00pm  
Final Assessment Sunday 29th March 9.30am-5.30pm

**Curley Park Rangers FC, Bagshot**

**REF L1090418**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 19th April 9.30am-5.30pm  
EA Wednesday 22nd April 7.00pm-10.00pm  
Practical 2 Sunday 26th April 9.30am-5.30pm  
SGC Monday 27th April 7.00pm-10.00pm  
Final Assessment Sunday 3rd May 9.30am-5.30pm

**Abbey Rangers FC, Addlestone (Charter Standard Clubs ONLY, 1 per CS club)**

**REF L1090510**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 10th May 9.30am-5.30pm  
SGC Thursday 14th May 7.00pm-10.00pm  
Practical 2 Sunday 17th May 9.30am-5.30pm  
EA Monday 18th May 7.00pm-10.00pm  
Final Assessment Sunday 24th May 9.30am-5.30pm

**Winston Churchill School, Woking**

**REF L1090531**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 31st May 9.30am-5.30pm  
SGC Wednesday 3rd June 7.00pm-10.00pm  
Practical 2 Sunday 7th June 9.30am-5.30pm  
EA Monday 8th June 7.00pm-10.00pm  
Final Assessment Sunday 14th June 9.30am-5.30pm

**Croygas Sports Club, Wallington**

**REF L1090606**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Saturday 6th June 9.30am-5.30pm  
EA Tuesday 9th June 7.00pm-10.00pm  
Practical 2 Saturday 13th June 9.30am-5.30pm  
SGC Monday 15th June 7.00pm-10.00pm  
Final Assessment Saturday 20th June 9.30am-5.30pm

**NESCOT, Ewell**

**REF L1090712**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 12th July 9.30am-5.30pm  
SGC Wednesday 15th July 7.00pm-10.00pm  
Practical 2 Sunday 19th July 9.30am-5.30pm  
EA Wednesday 22nd July 7.00pm-10.00pm  
Final Assessment Sunday 26th July 9.30am-5.30pm

**Abbey Rangers FC, Addlestone**

**REF L1090801**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Saturday 1st August 9.30am-5.30pm  
EA Wednesday 5th August 7.00pm-10.00pm  
Practical 2 Saturday 8th August 9.30am-5.30pm  
SGC Monday 10th August 7.00pm-10.00pm  
Final Assessment Saturday 15th August 9.30am-5.30pm

**Charterhouse School, Godalming**

**REF L1090809**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 9th August 9.30am-5.30pm  
SGC Thursday 13th August 7.00pm-10.00pm  
Practical 2 Sunday 16th August 9.30am-5.30pm  
EA Monday 17th August 7.00pm-10.00pm  
Final Assessment Sunday 23rd August 9.30am-5.30pm

**Kingston Grammar School, Thames Ditton**

**REF L1090906**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 6th September 9.30am-5.30pm  
SGC Wednesday 9th September 7.00pm-10.00pm  
Practical 2 Sunday 13th September 9.30am-5.30pm  
EA Monday 14th September 7.00pm-10.00pm  
Final Assessment Sunday 20th September 9.30am-5.30pm

**Curley Park Rangers FC, Bagshot**

**REF L1090912**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 13th September 9.30am-5.30pm  
SGC Wednesday 16th September 7.00pm-10.00pm  
Practical 2 Sunday 20th September 9.30am-5.30pm  
EA Wednesday 23rd September 7.00pm-10.00pm  
Final Assessment Sunday 27th September 9.30am-5.30pm

**Croygas Sports Club, Wallington**

**REF L1091003**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Saturday 10th October 9.30am-5.30pm  
EA Wednesday 14th October 7.00pm-10.00pm  
Practical 2 Saturday 17th October 9.30am-5.30pm  
SGC Thursday 22nd October 7.00pm-10.00pm  
Final Assessment Saturday 24th October 9.30am-5.30pm

**Winston Churchill School, Woking**

**REF L1091011**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 11th October 9.30am-5.30pm  
SGC Monday 12th October 7.00pm-10.00pm  
Practical 2 Saturday 17th October 9.30am-5.30pm  
EA Monday 19th October 7.00pm-10.00pm  
Final Assessment Sunday 25th October 9.30am-5.30pm

**South Park Sports Association, Reigate**

**REF L1091107**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Saturday 7th November 9.30am-5.30pm  
SGC Tuesday 10th November 7.00pm-10.00pm  
Practical 2 Saturday 14th November 9.30am-5.30pm  
EA Monday 16th November 7.00pm-10.00pm  
Final Assessment Saturday 21st November 9.30am-5.30pm

**Kingston Grammar Playing Fields, Thames Ditton**

**REF L1091115**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Sunday 15th November 9.30am-5.30pm  
SGC Wednesday 18th November 7.00pm-10.00pm  
Practical 2 Sunday 22nd November 9.30am-5.30pm  
EA Wednesday 25th November 7.00pm-10.00pm  
Final Assessment Sunday 29th November 9.30am-5.30pm

**NESCOT, Ewell**

**REF L1091205**

**Course Fee £150 or £130 for Charter Standard Clubs**

Theory/Practical 1 Saturday 5th December 9.30am-5.30pm  
EA Wednesday 9th December 7.00pm-10.00pm  
Practical 2 Saturday 12th December 9.30am-5.30pm  
SGC Wednesday 16th December 7.00pm-10.00pm  
Final Assessment Saturday 19th December 9.30am-5.30pm

All evening theory modules take place at County Office, Leatherhead  
£375 or £355 for Charter Standard Clubs  
Please note that the support evenings are not optional and must be attended.  
**Please note that when sending in an application form, a copy of your Level 1 Action Plan (Task 7) must be included.**

#### **2009 Courses**

##### **Priest Hill, Ewell REF L2090202**

Induction/Theory Tuesday 3rd February 7.00-10.00pm  
Practical Week Monday 16th February – Saturday 21st February 9.30am-5.30pm  
Theory Session Wednesday 25th March 7.00pm-10.00pm  
Practical Session Saturday 4th April 9.30am-5.30pm  
Final Assessment Wednesday 27th May – Friday 29th May 9.30am-5.30pm

##### **Ash Manor, Ash REF L2090521**

Induction/Theory Thursday 21st May 7.00pm-10.00pm  
Practical Saturday 6th June – Sunday 7th June 9.30am-5.30pm  
Practical Sat 13th June – Sunday 14th June 9.30am-5.30pm  
Practical Saturday 20th – Sunday 21st June 9.30am-4.30pm  
Theory Session Wednesday 23rd September 7.00pm-10.00pm  
Practical Sunday 1st Nov 9.30am-5.30pm  
Final Assessment Friday 27th Nov – Sunday 29th Nov 9.30am-5.30pm

##### **Croygas Sports Club, Wallington REF L2090914**

Induction/Theory Monday 14th September 7.00pm-10.00pm  
Practical Week Monday 28th Sept – Saturday 3rd Oct 9.30am-5.30pm  
Theory Session Wednesday 28th October 7.00pm-10.00pm  
Practical Session Saturday 28th November 9.30am-5.30pm  
Final Assessment Wednesday 9th Dec – Friday 11th Dec 9.30am-5.30pm

#### **1st4Sport Level 3 License in Coaching Football**

All evening theory modules take place at County Office, Leatherhead

Course Fee £400 or £380 for Charter Standard Clubs

**Please note that when sending in an application form, a copy of your Level 2 Action Plan must be included.**

#### **2009 Courses**

##### **Priest Hill, Ewell REF L3090713**

Induction/Theory Monday 13th July 7.00pm-10.00pm  
Practical Week Monday 27th July- 1st August 9.30am-5.30pm  
Theory Monday 7th September 7.00pm-10.00pm  
Theory Monday 28th September 7.00pm-10.00pm  
Theory Monday 12th October 7.00pm-10.00pm  
Theory Wednesday 21st October 7.00pm-10.00pm  
Practical Session TBA with DBA 9.30am-5.30pm  
Final Assessment Wednesday 17th Feb – Friday 19th Feb 9.30am-5.30pm

#### **Age Appropriate Coaching – Introductory Module**

##### **Introductory Module.**

##### **What is the course and who is it for?**

A six hour course aimed at those working with 5-11 year old players, who want to improve their knowledge and understanding of the 'what' and 'how' to coach players of this age. Minimum requirements - FA Level 1 and/or Qualified Teacher Status.

##### **What other benefits are there?**

This brand new course will give candidates the most up to date coaching tools in working with arguably the most important age group within football.

##### **Cost?**

£35 or £30 for Charter Standard Clubs

#### **2009 Courses**

##### **Varsity Centre, Guildford REF FAAGE090329**

Sunday 29th March 10.00am – 4.00pm

##### **Croygas Sports Club, Wallington REF FAAGE090425**

Saturday 25th April 10.00am – 4.00pm

##### **Abbey Rangers FC, Addlestone**

**REF FAAGE090425**  
Sunday 30th August 10.00am – 4.00pm

### The FA Youth module 1 award – Developing The Environment

**This brand new qualification, which forms the first of three parts of The FA Youth Qualification, is aimed at coaches working with young players.**

#### **Dealing with the ‘how’ to coach the course supports candidates to:**

- Understand how to manage players motivation and self esteem in positive and appropriate ways
- Recognise how your players learn and encourage you to focus on supporting them to develop maximally
- Importantly, support you to manage your players mistakes, encouraging a ‘can-do’ approach from your players
- Experience a series of new game-related exercises that support your players to develop their technique and apply skill in environments where they make decisions

The four day course is a critical tool to support coaches working with young players and is an innovative qualification devised by The Football Association to further support the development of young players in England.

#### **2009 Courses**

Course Details:

**Croygas Sports Club, Wallington**  
**REF FAMOD1090526**  
**£150 or £130 for Charter Standard Clubs**

Tuesday 26th May  
Wednesday 27th May  
Thursday 28th May  
Friday 29th May

**Abbey Rangers, Addlestone**  
**REF FAMOD1091013**  
**£150 or £130 for Charter Standard Clubs**

Tuesday 13th October  
Wednesday 14th October  
Thursday 15th October  
Friday 16th October

#### **Emergency Aid Training Course**

#### **2009 Courses**

**County Offices, Leatherhead**  
**REF EA090211**  
Wednesday 11th February, 7.00pm-10.00pm

**County Offices, Leatherhead**  
**REF EA090824**  
Monday 24th August, 7.00pm-10.00pm

**County Offices, Leatherhead**  
**REF EA091102**  
Monday 2nd November, 7.00pm-10.00pm

#### **Coaching Disabled Footballers**

**The Coaching Disabled Footballers course is designed to give football coaches and teachers ideas and practices for the inclusion of disabled players in football sessions within mainstream or impairment specific sessions.**

The course is six hours and covers both theory and practical elements, by the end of the workshop each participant should be able to meet the following outcomes:

- Apply and extend your existing coaching skills and experience, meet the needs of players with a range of impairments.
- Establish basic communication skills for coaching disabled footballers.
- Use appropriate terminology
- Identify appropriate safety and medical considerations

- Plan a wide range of coaching sessions for disabled footballers
- Using the Inclusion Spectrum, plan your coaching sessions to include disabled players or provide alternative appropriate opportunities
- Understand the player pathways available for disabled players including the appropriate structure for competition

#### 2009 Courses

DATE: Sunday 25th January 10.00am – 3.00pm

VENUE: Graftham Grange School, Guildford

COURSE FEE: £20.00

All courses can either be booked on-line at [www.surreyfa.com](http://www.surreyfa.com) or by emailing [coaching@surreyfa.com](mailto:coaching@surreyfa.com)  
Email: [craig.hicks@surreyfa.com](mailto:craig.hicks@surreyfa.com) or call Office: 01372 387092

MANY THANKS FOR ALL YOUR SUPPORT FOR TRHE LEAGUE AND THE PLAYERS AND GOOD LUCK FOR THE REST OF THE SEASON.

BILL RYAN

SURREY PRIMARY LEAGUE TRAINING OFFICER.

